

Attention Rebels:

The fall sports season is here. Fall sport offerings include: boys and girls cross country, boys golf, football, girls gymnastics, boys soccer, softball, boys tennis, and volleyball. With the exception of boys golf, official practices begin Monday August 14. Tryouts for boys golf are August 7th and 8th. All participation paperwork (attached) must be turned in prior to August 7th for boys golf and all other fall sports August 14th, in order to tryout/practice. The CHS Athletic Office is open Monday through Friday from 8 AM to 3 PM for athletes and parents to turn in participation paperwork. This paperwork includes providing a current physical and payment of **\$175**. All paperwork must be completed for it to be accepted...No exceptions. Specific fall sport beginning information is below.

All students interested are welcomed and encouraged to go out for a team no matter what their experience or ability level is.

Please do not wait to turn in your paperwork!

Below is beginning of the season and contact information for each of the fall sports programs.

BOYS GOLF

Tryouts for the 2017 Rebel Boys Golf Team are on August 7th and 8th at Raccoon Creek Golf Course. Tee time will be 1 PM. All players trying out should be able to break 100 and play 18 holes in under 5 hours in order to make the team. The cost to tryout is \$20 per day. There will be a meeting for all new players at 11 AM on August 7th at Raccoon Creek.

All boys interested in trying out for this year's team **MUST** contact Head Coach Cory Olsen at 720-724-1300 as soon as possible to get on the tryout list.

GYMNASTICS

First week of practice will be Monday, August 14th- Wednesday, August 16th at JET Gymnastics from 12:00 p.m.-2:30 p.m.

ALL PAPERWORK must be filled out and turned in to the CHS athletic secretary no later than Friday, August 11th. No one will be allowed to practice without all paperwork and physical turned in.

MANDATORY GYM SET-UP- All gymnasts and at least one parent from each family will be required to help set up the gym on Saturday, August 19th at 10:00am.

August 21st- First day of practice from 3:00p.m.-5:30p.m. at CHS. Practices will happen daily unless otherwise noted on team website.

First scheduled meet- August 31st.

Questions- Barbara Quinn- Barbara.Quinn526@gmail.com 720-930-7544

BOYS AND GIRLS CROSS COUNTRY

Who: Anyone who wants to challenge themselves each and every week. We are a no cut sport that offers all athletes a chance to compete in every meet throughout the season.

What: Cross Country is a 3.1 mile (5000 km) running race where athletes compete as individuals and as a team.

When: Starting August 14th through the end of October.

Where: We meet at Clement Park Pavilion H ready to run promptly at 3:15.

Why: Why not? We have a great team atmosphere where everyone cheers for everyone! This is a great way for incoming freshmen to develop connections with others kids as they transition to high school. It's also a great way to get in shape.

Other Info: All that is needed is a good pair of running shoes, water bottle, and a good attitude.

Questions? Contact head coach Emily Krause at kev_em@hotmail.com

BOYS SOCCER

- Tryouts: August 14th-18th 3:00-5:15pm
- [Tryout Interest Form](#): Please let us know if you intend to tryout so we can structure tryouts accordingly.
- [Participation Paper](#): must be turned into the athletic office before an athlete will be allowed to tryout.
- [Tryout Guidelines](#):
- Pre-Season Camp: August 8th-11th 3:30-5:15pm
- Soccer Textline: OFFICIAL MEANS OF COMMUNICATION: Sign up to receive updates & reminders -- Text: @cfcbsoc To: 81010
- [Rebels Soccer Boys' Homepage](#)
- Head Coach: Zach Martin ztmartin@jeffco.k12.co.us

BOYS TENNIS

Boys Tennis is a no cut sport where all team members learn to play this lifelong sport better and have the opportunity to compete against other schools throughout the season. Never played tennis before? No problem. We will teach you how to play and you will compete against other beginners on our team and at other schools.

Pre-season Camp – Weekdays at Marker Park starting Monday, July 31 – Friday, Aug 11, 3 – 6 p.m. Bring lots of water in your own water jug (please don't share). Cost: \$80. Please make checks out to Columbine HS Boys Tennis.

Tryouts (for everyone) – Aug 14 – 18, 3:00 – 6:00 p.m.; **Saturday, Aug 19**, 11 a.m. – 2 p.m.; if necessary, Aug 21 – 22 3:00 – 5:30 p.m. There will be tryouts for the varsity spots. For everyone else we use this time to set up the JV ladder for future matches and individual challenges.

Parent/Player Meeting – Tuesday, Aug 15, 6 - 8 p.m. at Clement Park gazebos. All players and at least one parent are required to attend. We'll have dinner (arrangements to be announced) first and then we will discuss team & school policies and the season. Bring the entire family to eat dinner and get to know each other.

Practices – Every weekday, Aug 23 – Oct 11. Varsity at Marker Park 3:15 – 5:45, JV at Clement Park 3:00–5:30 p.m. No practice on Labor Day, Monday, 9/4. **Also, mandatory practice for Varsity only on Saturday, Aug 26, 10:00 a.m. – 12:30 p.m.**

Questions? Please contact Head Coach Lorens Knudsen @ lorens.j.knudsen@lmco.com or call 303-971-8684 (7 a.m. – 2 p.m.)

GIRLS SOFTBALL

Pre-Season Camp:

All those interesting in playing softball during the fall 2017 season should attend our Pre-Season camp being held on Wednesday August 9th and Thursday August 10th from 3-5 pm @ the Sanders and Reeves fields. There is no charge for the camp.

First Official Practice:

Those participating in the fall 2017 season should have all paperwork (emergency card, school contact information form, medical physical form, school fee etc.) completed and turned in to the athletics office no later than Friday August 11, 2017. The first official practice (tryouts) will be on Monday August 14th @ 3:15 pm on the Sanders and Reeves fields. If your forms are not turned in, you will

NOT be allowed to participate in tryouts until all forms are documented in the office.

Continue to check our website for information and news.

www.columbinesoftball.com

Any further questions please contact *Head Coach Jim Santaniello* at jsantani@jeffco.k12.co.us or at (303)982-7759.

GIRLS VOLLEYBALL

Incoming Freshman and Sophomore Pre-Tryout camp

August 10-11

Cost:\$30

High school Official tryouts are Monday and Tuesday August 14,15 from 5-8pm.

Practices will start Wednesday-Friday at scheduled times TBD.

Saturday, August 19 will be a scrimmage day. Sited to be determined.

Saturday, August 26 will be photo and the Carwash day.

FOOTBALL

Varsity/JV-

Aug 7-9: 7:30-12:30

Aug 7: meet in Auditorium for meeting then practice

Aug 10-11 and week of Aug 14th- 2:30-6:30

Aug 12: 7:30-10:30 morning practice

Freshmen-

Aug 7-11: 3:00-6:00 pm

All Levels

Must have physicals and paper work turned in prior to Aug 7th please.

Questions: Contact Head Coach Andy Lowry at alowry@jeffco.k12.co.us